



United DFC Summer 2020 Skill Centre Program Information

How Does a Skill Centre Work?

Players are split up only by age and gender. So for example, all U11 boys will be in the same group. Anyone can register for our Skill Centre programs.

Club TDs may make recommendation to you and your child, but the decision is completely up to you! If your child is aged between U7 and U11 you are eligible to can register for either our Skills Centre Program.

All players in an age group will train together. For each practice the coaches will set up multiple activities, split the players into groups, and then the groups will rotate around getting a turn at each activity.

For games, Soccer Nova Scotia will allocate 'blocks' based on different attributes, such as birthday, friends or tiered. The players will then play with and against other players with similar attributes in that given block

Why?

No research to suggest pre-puberty selections are accurate or effective

No more Tryouts!

All players deserve the same experience & opportunities

Players can play with their friends

More contact time with the ball

Flexible scheduling for families

More effective coach development

Recreate game scenarios

Challenging and FUN for all!



Important Dates

All dates are open to change depending on unforeseen circumstances

February 3rd - Registration Opens

April 20th - Soft Close of Registration

April 15th - Performance Parent Meeting

Week of April 20th - Start of summer practices

May 8th - To Be Assessed players final team announced

Week of August 24th - Final week of practices

What Does the Program Include?

May 4th - August 21st
16 Week Season

2x Practices per week using the Skill Centre model

2x full 11-aside turf field in May

2x full 11-aside grass field from June-August
Entry into the NSSL in the Festival Format

The details from SNS for how games will work this summer has yet to be completed. We will update you as soon as they confirm with us

Practice & Game Locations

We are awaiting confirmation of our fields from HRM and confirmation of game nights from the NSSL.

- For May, practices will be on turf in the Dartmouth/Cole Harbour area.
- Starting in June, all practices will be on grass in the Dartmouth/Cole Harbour/Eastern Passage area during weeknights
- Games have yet to be decided by SNS. But they are suggesting a mixture of turf and grass Festivals
- There will be NO travel to Cape Breton or Antigonish.
- There may be travel to the Valley or the South Shore.

Festival Format

The What?

- Same set up as this Winter's Festivals.
- Teams will participate in 3 X 25 min games per festival.
- U8/9 play 5v5, U10/11 play 7v7 all on turf.
- Festivals will be scheduled in blocks, so players will have consistent game times each weekend.
- SNS is still confirming the number and location of the Festivals. But they will likely start in May and end in August, with a mixture of turf and grass events.

Why?

- More fun! (3 games against 3 different opponents instead of 1 game against 1 opponent)
- More game time! (3x 25 min game compared to 1x 50 min game)
- More competitive games! (shorter/faster games, free movement between teams)



I still have questions, what should I do?

Having questions is perfectly normal and we want to answer them!

Please feel free to email our Performance TD, Mesut Mert, at tdmesut@udfc.ca. You can also contact our Director of Soccer, Adam

Program Parent Meeting

**Wednesday April 15th
Woodlawn Library @ 6pm start**