

United DFC Multi-Sport Registration Options

At United DFC, we support and champion multi-sport athletes, recognizing the physical and mental benefits they enjoy. Research reveals that single-sport athletes are 70% more susceptible to overuse injuries compared to their multi-sport counterparts.

In line with our commitment to multi-sport athletes, United DFC is delighted to announce special rates for athletes participating in multiple sports activities during the upcoming winter indoor season. Please note that specific conditions apply to these rates.

These exclusive rates are applicable to the following United DFC Programs:

1. U8/9 Skills Centre = \$300 (\$120 savings)
2. 10/11 Skills Centre = \$340 (\$120 savings)
2. U12 A Pre-performance - \$525 (\$150 savings)
3. U13-18 AA - \$525 (\$150 savings)

Conditions:

1. Players must be registered in another sport officially recognized by Sport Nova Scotia.
2. Multi-sport registrations must be processed either via phone or in person at our office. For inquiries and registration, please reach out to Patricia Morrison patriciam@udfc.ca or 902-404-8332.
3. Players must have completed their winter program registration by October 4th to be eligible for these rates.
4. The multi-sport rate is calculated based on players attending a single training session (as opposed to two sessions) and one game.